



**FACT:** Our exposure to **radio frequency radiation (RFR)** is **increasing** exponentially and this will continue to increase once **5G** is activated in a community.

**FACT:** Most governments **do not regularly monitor radio frequency radiation** and so a group of volunteers (citizen scientists) from around the world are monitoring our exposure to RFR as a public service.

**FACT:** A growing population is developing an intolerance to this radiation that has been called **Electro-Hyper-Sensitivity (EHS)** or **Electromagnetic Illness (EMI)**. The most common **symptoms** include difficulty sleeping, chronic fatigue, chronic pain, cognitive difficulties, mood disorders, ringing in the ear, skin disorders, dizziness and heart palpitations.

### Useful Websites:

[www.electrosensitivesociety.com](http://www.electrosensitivesociety.com)

[www.ehtrust.org](http://www.ehtrust.org)

[www.saferemr.org](http://www.saferemr.org)

[www.microwavenews.com](http://www.microwavenews.com)

[www.magdahavas.com](http://www.magdahavas.com)

**FACT:** Important that we all **minimize our exposure** to this type of radiation to maintain (or regain) our health. To do that we need to know what we are exposed to and where the sources are, hence this research.

If you would like **more information** about the **Global EMF Monitoring Network** or if you would like to become involved as a **citizen scientist** then visit us at: [www.globalEMF.net](http://www.globalEMF.net).